



2015

Veterans Day- November 11th

Auction- November 12th



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From your Administrator...

By Tom Pollock

Keeping You Safe With New Background Checks

We have been performing background checks on all new employees for over 10 years. The old system was not as thorough so we have been using a second company to give us more information. Our new system requires fingerprints and photos. This new system is linked with the Bureau of Criminal Apprehension, is very thorough AND will notify us if an employee is found to have a new situation that will disqualify them from working with vulnerable adults. We have actually been a pilot operation working with the MN Dept of Human Services (MN DHS) for the past 2 years. The cost of the new system is shared between MN DHS and all business required to have background checks performed. Keeping our residents and patients safe is not only a priority to us, but to the State of MN as well.

Business Ethics-Our Fourth Principle

Loyalty

You need to be loyal to patients, residents, families, your team and yourself, while operating within a strong moral compass. If you demonstrate your loyalty it builds trust, and shows that you place a high value on advancing the interests of both PRECC and your colleagues. You should not ever place loyalty above your other principles, or use it as an excuse for unethical behavior. Demonstrate your loyalty but always make an independent judgment, and never use information that you have gained in confidence for your own personal advancement. Steer clear of conflicts of interest, and if you ever decide to leave PRECC do it on the best of terms. Give reasonable notice, respect any information that was gained in PRECC, and never engage in activities that take advantage of a previous position that was held.

New Payment Rates Expected Soon

The MN Dept of Human Services will inform all nursing homes what the new payment rates will be starting January 1, 2016. The notification is in mid-November and we in turn will inform you.

*“As we express our gratitude,
we must never forget that the highest appreciation
is not to utter words but to live by them.”*

John F. Kennedy

November Birthdays!

Janis Zappa
Howard Wilson

November 10th
November 21st



Hello...and Goodbye!

Welcome to Norbert Vogel, Margaret Zanke, Nathalie Fracassi, Anne Hinrichsen, Rose Spaeth, Janine Johnson, Arlene Patten, Nita Schlotthauer, Wilma Weber, Roger Hagedorn, Theresa Dunsmore & Mae Kimball who were admitted this month. Please greet them!

And best wishes to Tom Cronin, Lois Olson, Bob

Dillon, Ron Gageby, Mike Streck, Rose Wisniak, Maynard Molitor, Bob Luther, Ginny Wolverton & Darlene Anderson who were discharged this month. Also to Rolaine Wright, Ken Parkin, Maxine Bates & Rosann Lambert who were with us a short time.

Resident Council

Resident Council Meeting: Tuesday Oct. 13, 2015 3:00 p.m.

Those present: Harry Schoen, Walter Harmasz, Elaine Vargas, Mary Huseman, Ruby Wellman, Lula Hagen, Donna Klein, Marge Nelson, Harriet Schlough, MaryAnn Vanhecke, Lu Zahler, Jim Tillman, Delores Tillman, Becky Sutton, Director of Housekeeping and Laundry, and Chris Neely, LSW.

Chris Neely called the meeting to order. The members stated the Pledge of Allegiance. The minutes from the last meeting were read.

Old Business:

No old business at this time.

New Business:

Chris Neely introduced herself as the new Director of Social Services and she has over 10 years experience as a Licensed Social Worker and has many years of experience working in nursing homes as a Certified Occupational Therapy Assistant.

Becky Sutton, Director of Housekeeping and Laundry explained what her department does. Becky recommends all new clothing be brought to her or social services to have it labeled.

The council would like to remind others it is cold and flu season and to please cover your mouth and nose when sneezing or coughing.

Safety Concerns:

No safety concerns at this time.

The meeting was adjourned at 3:25 p.m.

The next meeting is scheduled for Tuesday, November 10th, 2015 at 3:00 p.m. in the Welcome Room.





21st Annual CareFest Auction!

It's that time of year again! Our annual auction is our main fundraiser for the Park River Estates Resident Council Foundation, whose sole purpose is to enhance the quality of life of our residents. New and unused items are solicited from vendors and area businesses. We have already received an autographed picture from the Minnesota Vikings, MN Wild tickets, theatre tickets to the Ordway, Brave New Workshop, The Guthrie, Lyric Arts and tickets to the Science Museum! **Our auction will be held on November 12th @ 7:00 in the Chapel!**

Our auctioneers donate their time and talents because they believe in our cause. **We are asking for donations from our families and friends as well. The Foundation is a 501 c 3 organization, so your donations are tax deductible. If you have donations or questions, please contact Linnea Maki directly, 763-210-7012 or stop by the Activity Department!**

November Resident of the Month...

Congratulations, Loretta Matlack!

Loretta was selected by staff and residents as our November resident of the month! Loretta was voted as Park River Estates 2015 Queen of Hearts and it is easy to see why! She is always happy, kind, generous and caring. She is always full of compliments, and being around her makes you feel loved. Loretta enjoys reading, doing word-search puzzles, watching "The View" and "The Today Show", getting her nails done, listening to big band, country, gospel and instrumental music, socializing with residents and staff and going out to eat with her daughters. Loretta says her greatest joy in life is being with her family, and she couldn't have asked for better children. They have brought her so much happiness, and she is grateful for everything that they have done for her. Loretta is a genuinely kind person and is loved dearly by all of the staff and residents at Park River. Congratulations, Loretta!

Nominations can be made for November Resident of the Month in the Activity Department!



Chaplain's Corner

A Splendid Way of Giving Thanks

We may not always feel that God is Splendid, particularly if he has not answered our prayer, or if we are suffering pain.

Is prayer just asking God for things or is there more?

This account was written by Hannah Whitall Smith, an American Christian writer from the early 1900s. She said,

“One of my friends told me that her little boy one night flatly refused to say his prayers. He said there was not a single thing in all the world he wanted, and he did not see the good in asking for things that he did not want. [Smart boy!]

“A happy thought came to his mother. She said, “Well, Charlie, suppose then we give thanks for all the things you have got.” The idea pleased the child, and he very willingly knelt down and began to give thanks.

“He thanked God for his marbles, and for a new top that had just been given him, and for his strong legs that could run so fast, and that he was not blind like a little boy he knew, and for his kind father and mother, and for his nice bed, and for one after another of his blessings, until the list grew so long that at last he said he believed he would never get done. When finally they rose from their knees, he said to his mother, with his face shining with happiness, “**Oh, Mother, I never knew before how perfectly splendid God is!**” (Excerpt from *The God of All Comfort*, printed in *Pray Magazine*, issue 51)

Thanksgiving can do that for us. Heighten our view of God and his goodness, and renew in us a hopeful attitude! Try it. Blessings,

- *Chaplain Sherree Lane*

Our Sympathies...

Lois Haugen was born on December 6th, 1928 to Albert and Tillie Van Bergen. She grew up in Minneapolis and attended Roosevelt High School. After marrying her husband Minor, Lois moved to Champlin where she made a loving home for her husband and their two children David and Paul.

Lois enjoyed going to church, rooting for the Minnesota Vikings and the Twins, watching classic old movies and listening to Big Band and Old Time

music. She is remembered fondly by her children for being a great mother.

Lois came to Park River Estates on August 28th, 2015 and passed away on September 18th at the age of 86. She will be deeply missed by her family and friends.

A memorial service will be held in remembrance of Lois on Sunday **November 1st** at 2:00 in the Park River Estates Chapel.



Key Facility Contacts:

Administrator.....Tom Pollock
Chaplain..... Sherree Lane
Director of Compensation.....Lori Jumper
Director of Food Services.....Karen Niles
Director of Nursing.....Valorie Derby
Director of Rehab.....Dawn Brotten
Health Records Supervisor.....Pamela Carpentier
Hskpg/Laundry Supervisor.....Becky Sutton
Maintenance Supervisor.....Walter Lehne
MDS Coordinator.....Sandy Heimer
Receptionist Supervisor.....Sandy Bayerl
Resident Accounts.....Marti Bullock
Resident Council President.....Marilyn Cotton
Social Services Director.....Chris Neely
Staff Development Director.....Sue Sellner
Therapeutic Recreation Dir./Volunteer Coordinator
.....Linnea Maki

News and Views

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Editorial Policy:

All articles should be directed to
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Park River Estates reserves the right to determine
what editorial appears in this newsletter.

Check out our web site!

You can find us at www.northcitieshealthcare.com.

This is the site for Park River Estates and our sister facility New Brighton Care Center. It contains information about the facilities and also the monthly newsletter and activity calendar.