



September 2015



Labor Day- September 7th

Annual Picnic, Music & Meat
Raffle- September 12th

Grandparents Day- September 13th

First Day of Autumn- September
23rd



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From Your Administrator

By Tom Pollock

Thank you Diana Olson!

After returning to work from my son's wedding on August 22nd, Diana Olson, our Director of Social Services, welcomed me back, asked how the wedding went and said, "I have one more thing for you". Diana informed me that after 33 years of dedication to our residents, patients and families, she accepted a position at Epiphany Pines. Diana's last day here is Sept. 11th. I want to let you know that we will miss her and yet she said she'll be back to visit! Thank you Diana for everything you have done for Park River Estates Care Center. Please stop by to thank Diana and to wish her well with her new job.

Business Ethics-First Two Principles

Last month, I informed you that Park River Estates Care Center has a Corporate Compliance Program which includes a business ethics policy. I want to start sharing with you what our principles are.

Honesty - You need to be honest in all of your actions, and every communication you make. When people see you making honest decisions, they start to trust PRECC because you're not only being truthful, you're being upfront and candid. People appreciate the fact they can take you at your word, as customers only ever do business with those they trust. Being an ethical employee means you do not deceive others by misrepresenting the facts, overstating and exaggerating or only giving partial truths. If you've inadvertently given the wrong impression, provide the relevant information to your customers and correct their misunderstanding as soon as possible.

Integrity - Being ethical in business means maintaining a high level of personal integrity. This is how you earn the trust of others, whether they are your patients, residents, families, team or your superiors. In this definition integrity means having a consistent character that is demonstrated by an alignment of your thoughts, words and action. Sometimes it requires you to have moral courage to do the right thing, and it takes inner strength to live up to mistakes and admit when a fault has been made. Despite a great pressure to do otherwise, ethical employees live by a moral code they believe in, principles to maintain and they fight for their beliefs – without sacrificing their honor for the sake of just getting a job done.

Have a safe Labor Day and we hope to see you at our picnic on September 12th! I'll be grilling brats so please come enjoy some food and entertainment!

September Birthdays!

Helen Johnson	September 02
Louis Noard	September 09
Dorothy Mickle	September 15
Jim Tillman	September 17
Don Hanson	September 18
Joanie Pflighaar	September 19
Verdell Klecker	September 21
Doris Harmon	September 29



Hello...and Goodbye!

Welcome to Mildred Gohman, Judy Gladhill, Verra Hudson, Jean Kozubal, Elsie Linnell, Mary Lou Bones Rose Wisniak and Oscar Zweig who were admitted this month. Please greet them!

And best wishes to Betty Lees, Margaret Zanke, Betty Farnham, Veldon Buerkle, Robert

Khols, Shirley Wilcox, Jerry Flynn and Mildred Kelley who were discharged this month. Also to Lana Gaier, Michael Mercier, Lorraine Dye, Fred Fedora, Emily Smith and Kay Novosel who were with us a short time.

Resident Council

The meeting was held on Tuesday, August 11th, 2015 at 3:00 p.m. Diana Olson, Social Service Director called the meeting to order. The meeting began with the Pledge of Allegiance. Minutes of the last meeting were read and approved. Ten members were present.

There was no **Old Business** at this time.

As **New Business**, Diana Olson reviewed upcoming events for August. The guest speakers were Heidi K. and Becca J. from the Dietary Department. They updated the Council Members about the changes that are being made in the Dining Room. These changes include not using personal food trays, instead serving meals more "family style." Also, they are requesting residents to

express their favorite recipes to be made once a week. New dessert items are being introduced to the menu as well.

Safety Concerns: There were no concerns at this time.

The meeting adjourned at 3:30 p.m.

The next meeting is scheduled for Tuesday, September 8th, 2015 at 3:00 p.m. in the Welcome Room.

Diana Olson, Social Service Dir./Recorder

The **Family Council** will meet on September 8th, 2015 at 1:30 p.m. in the Resident/Visitor lounge.



September Resident of the Month.....
Congratulations to Merlyn Haggberg!

Merlyn was selected by staff and residents as our September resident of the month!

Merlyn came to Park River Estates on January 30th, 2014. Merlyn was a Merchant Marine in World War II, and was stationed in the Pacific. He has traveled all over the World. He has also traveled to every state! Merlyn worked for General Mills for 29 years, then moved on to work at

United Hardware until his retirement. Merlyn enjoys flowers, going outside, reading history books, watching Channel 2 programs and the history channel, listening to music, and his dogs Molly and Schnauzer. Merlyn's favorite food is lutefisk. Merlyn says he enjoys living here because "the people are nice, the kitchen spoils me and it doesn't cost me much!"

Congratulations Merlyn!

Nominations can be made for October Resident of the Month in the Activity Department!

September Lunch-In!

We will be ordering Lunch-In on Friday, September 18th from Taco Bell. Orders must be in & paid in full by September 15th. Residents who order Lunch-In will eat together in the chapel. Please come to the Activity Department for menu options and to sign up!

Mark Your Calendars!

Our Annual Family Picnic will be held on September 12th, at 12:00. An outdoor concert by musician Bill Cagley and meat raffle will follow at 1:00!

Chaplain's Corner

???

- *Chaplain Sherree Lane*

Our Sympathies...

Ron Strelow was born to Gerwin and Hertha Strelow in Minneapolis, Minnesota on September 2nd, 1928. After attending high school and college, he started working at Schell's Brewery as a book keeper. He continued his career at the Post Office in Dinky-town for 23 years until his retirement in 1978.

In his leisure time, he enjoyed being outdoors, fishing, working with wood, watching NASCAR and listening to all kinds of music. He really loved animals too; especially his dog Jakie and cat Mr. Tabby.

Ron came to Park River on January 31st, 2014 and passed away on August 11th, 2015 at the age of 86. Ron was preceded in death by his parents and many favorite pets. He is survived by his loving wife of 41 years Ellen, family members and friends.

Suzanne Thompson was born on December 6th, 1931 to William and Suzie Schaefer in Crystal, Minnesota. Suzanne married John Thompson, and to this union six children were born. Suzanne was a homemaker, and was able to raise all her children and watch them grow.

She loved crocheting, playing gin rummy, reading romance novels, country music, watching Minnesota sports, ceramics, traveling to Las Vegas and playing "Candy Crush." Suzanne loved the color purple and also collected Blue Willow and green colored depression dishes.

Suzanne came to Park River Estates on June 10th, 2015 and passed away on August 15th at the age of 84. She is preceded in death by her parents and her husband. She is survived by her six children, Patricia, Pam, Richard, Bob, John and Bill, twelve grandchildren and one great-grandchild and many other family and friends.

Janice Obraske was born on October 3rd, 1936 to Santiago and Edith Cauton. She married, and had five children, Sandy, Sheri, Bob, Ron and Patty.

Janice loved music, especially Elvis. She knew just about every song, and could sing the lyrics before they were played. She also enjoyed going outdoors, playing bingo, going to church, reminiscing, watching sports and spiritual programs on TV, crocheting and fishing. She was also very proud of her Pilipino heritage.

Janice moved to Park River Estates on October 8th, 2007 and passed away peacefully on August 19th at the age of 78. Her loving children were by her side. She is preceded in death by her parents, her husband's Jerry and Bob and her brother Leland. She is survived by her five children, four siblings, ten grandchildren, eight great-grandchildren and one great-great grandchild.



A memorial service will be held in remembrance of **Ron, Suzanne and Janice** on Sunday **October 4th** at 2:00 in the Park River Estates Chapel.

Key Facility Contacts:

Administrator.....Tom Pollock
Chaplain..... Sherree Lane
Director of Compensation.....Lori Jumper
Director of Food Services.....Karen Niles
Director of Nursing.....Valorie Derby
Director of Rehab.....Dawn Brotten
Health Records Supervisor.....Pamela Carpentier
Hskpg/Laundry Supervisor.....Becky Sutton
Maintenance Supervisor.....Walter Lehne
MDS Coordinator.....Sandy Heimer
Receptionist Supervisor.....Sandy Bayerl
Resident Accounts.....Marti Bullock
Resident Council President.....Marilyn Cotton
Social Services Director.....Diana Olson
Staff Development Director.....Sue Sellner
Therapeutic Recreation/Volunteer Coordinator
.....Linnea Maki

News and Views

The official newsletter of
Park River Estates Care Center.
Published monthly and distributed to
Park River Estates residents. Families, volunteers
and friends of Park River Estates Care Center can
find us online at www.northcitieshealthcare.com.

Editorial Policy:

All articles should be directed to
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Park River Estates reserves the right to determine
what editorial appears in this newsletter.

Check out our web site!

You can find us at www.northcitieshealthcare.com.

This is the site for Park River Estates and our sister facility New Brighton Care Center. It contains information about the facilities and also the monthly newsletter and activity calendar.