



PARK RIVER ESTATES
CARE CENTER



From Your Administrator

By Tom Pollock



2016



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Credit Card Use

I have completed my research on what it takes to accept credit cards to pay for costs related to care while at Park River Estates Care Center. We sent out a survey with each bill last month (90 surveys) and received 40 back. Of the 40 received, 8 would use a credit card to pay their bill and 32 would not. The banks that would process the transactions charge a fee based upon how much would be charged. Much to my surprise, the annual cost for the 8 "yes's" would be over \$5000. That is \$625 per account. If we had half of the accounts pay by a credit card, that would be over \$30,000 per year to process. On some of the surveys, we were asked if there would be a fee to use a credit card. There is a state law that prohibits nursing homes from charging a fee for payment by a credit card.

Given this information, we will not be accepting payments by a credit card.

Abuse: Financial Exploitation, Mental, Physical

We have zero tolerance for any type of abuse just like everyone should. Abuse to residents and patients can be committed by staff, family, friends or other residents. The resident bill of rights states that residents will be free from abuse. How do we uphold this resident right? We start out by having extensive background studies completed on all applicants that have received a job offer from us. The study covers state & nation searches. All employees and residents/responsible parties are given a copy of the Bill of Rights which includes being free from abuse. We have 34 security cameras inside and outside the building for everyone's safety. We have partnered with the Coon Rapids Police Department to investigate reports of theft including the use of "dust" placed on money. The eyes and ears of employees have been our best defense. We have taken action in the past to terminate employees who violate this resident right. We have even contacted the county attorney when we suspect a resident is being financially exploited by the person handling their finances. If you suspect abuse, report it to us immediately.

Business Ethics-Our Eighth Principle Excellence

Being ethical in business is also about pursuing excellence in everything that you do. Delivering the highest quality of service or products makes business sense, especially if there is a constant endeavor to always improve.

April Birthdays!

Jeanne Freeberg-Fernkes
Frances Weiss
Theresa Filkins
Marge Nelson
Marliss Karp
Rick Zeck
John Jadinak
Mary Katzmark

April 4th
April 7th
April 7th
April 11th
April 11th
April 13th
April 15th
April 19th



Welcome & Farewell

Welcome to Mayonne Kirberger, Carol Schjeldahl, Alice Johnson, Betty Levercom, Geraldine Troxel, Gladys Rude, Chuck Corbett, Bernie Boeser, Bill Secord, Doris Ash, Clinton Odell & Frances Carlson who were admitted this month. Please greet them!
And best wishes to Marilyn Cotton, Dale French,

Helen Vig, Robert Martinson, Ardith Ketchum, Michael Nutter, Roger Nelson, Mary Prudhon, Penny Bennett & Ruth Swing who were discharged this month. Also to Richard Larson, Evelyn Anderson, Dorothy Petyo & Shirley Lambert who were with us a short time.

Resident Council Monthly Meeting

Resident Council Meeting: Tuesday March 8th, 2016
3:00 p.m.

Those Present: John Jadinak, Joan Maness, Harriet Schlough, Dell Little, Ruby Wellman, Helen Johnson, Harry Schoen, Donna Klein, Elaine Vargas, MaryAnn VanHecke & Chris Neely, LSW.
Meeting was called to order and the Pledge of Allegiance was stated. The minutes from last month were read.

Old Business:

No old business.

New Business:

The Resident Council President moved to another facility and the Council will need to find a new President. No Council members present would like to take over the position. Council members

nominated Jim Tillman, who was not present. Jim will be invited to the next meeting.

Safety Concerns:

No safety concerns.

Chris Neely read resident right "Review of Records" This right states that all residents have the right to review all records pertaining to him or herself. The meeting was called to adjourn.

The next meeting is scheduled for Tuesday, April 12th 2016 at 3:00 p.m. in the Welcome Room.



I Love Lucy!

True or False Trivia...How Much Do YOU Love Lucy?

1. During the shows run on television, Lucy never changed her hair color.
2. All together, the I Love Lucy show won 4 Emmy Awards.
3. In the episode "Lucy Goes to the Hospital" (where little Ricky was born) there were more viewers than the inauguration of President Eisenhower or the coronation of Queen Elizabeth.
4. Lucille Ball gave birth to little Ricky on television and to Desi Arnaz Jr. in real life on the same day.
5. In the episode "The Camping Trip" the Ricardos hunted for Easter eggs.
6. Originally, the Ricardos last name was going to be Lopez.
7. In the episode "Little Ricky Gets a Dog" Little Ricky named his dog Ethel.
8. In "Lucy Does the Tango" Little Ricky and Bruce Ramsey hide some kittens.
9. Lucille Ball was on the first cover of TV Guide magazine, and was on more covers than anyone else.
10. In the show's theme song, the last line is: "Yes, I love Lucy, and Lucy loves me."

Resident of the Month

Congratulations, Jim Tillman!

Jim was selected by staff and residents as our April Resident of the Month!

Jim is always so happy-go-lucky and bubbly...he's a pretty special guy! Jim enjoys all sorts of activity programs here at Park River Estates. He especially loves music programs, church services, exercise group, hymn-sing & social events. In his spare time, he enjoys watching westerns, spending time with his wife Dolores, socializing with residents and staff, reading and watching the birds in the Aviary. Jim is a natural leader, having served bravely during the Korean War. He serves at Park River by assisting with our Catholic Communion services every week. He was also recently nominated by members of the Resident Council to step forward as President. Jim has a big heart filled with love for his family, friends and faith. Jim always says that he is a pretty lucky guy for having such a loving family and friends. Well Jim, we at Park River think we are pretty lucky to call you a friend too. Congratulations, Jim!

Nominations can be made for our May Resident of the Month in the Activity Department!

Answer Key to I Love Lucy! True or False Trivia:

1. False. 2. False (5 Emmy Awards) 3. True 4. True 5. False (Ducks) 6. True 7. False (Fred)
8. False (Chickens) 9. True 10. True



Chaplain's Corner

The power of words

We just celebrated Easter. “It was early this year,” people said. Why do we say Easter was early this year? Yes, it can arrive as early as March 22 or delay until April 25, depending on when the first full moon occurs in spring. Talk about being early or late? “Some people gray early.” Where do we get these phrases?

Our presidents have used several catch phrases (or sound bites) that we remember because over time these have defined their presidency.

President Obama: “Let me be clear.”

President Kennedy: “My fellow Americans, ask not what your country can do for you, ask what you can do for your country.”

President Lincoln: “A house divided against itself cannot stand.”

President Truman: “The buck stops here.” (paperweight on his desk)

President Roosevelt: “The only thing we have to fear is fear itself.”

President Bush: Had a habit of conglomerating his words:
“They underestimated me.”

President Reagan: “Mr. Gorbachev, tear down this wall!”

Where do these English phrases originate: “a cross to bear” or you “reap what you sow” or “go the extra mile” or “the handwriting is on the wall”? You are ahead of me. They originated in our English Bible, the Authorized Version of 1611. English speakers have been borrowing these well-turned phrases from Scripture to explain life experiences.

What phrases govern your life? What words do you live by? What about this one—“Do unto others what you would have them do to you.” This Golden Rule was my mother’s oft-repeated ‘sound bite.’ And this one helped her through many difficult days: “This is the day the Lord has made, let us rejoice and be glad in it” -Psalm 118:24. (And do not forget, she said, “a recipe is only a guideline!”)

What words guide your life? Whose voice do you hear, whose words play over in your mind? I want words of hope and courage turning in my mind. That’s the reason I read the Scriptures. God’s words have power to renew my hope and give me courage.

+Chaplain Sherree Lane

Rose came to Park River on May 5th, 2007 and departed peacefully on March 3rd.

In Memory....

Lula Hagen was born on March 29th, 1924 in Lyons Township, Minnesota to Carl and Nellie Engblom. She worked hard helping her parents on their farm. In her spare time, she played accordion and sang with her twin sister Eula. While playing at a barn dance, she met her husband Ernest. They were joined in marriage in 1940 and had three children.

Lula worked with her husband doing farm work, driving tractors and raising their children. She also volunteered at church teaching Sunday school, teaching music and organizing church festivals. Lula also enjoyed sewing quilts, crocheting Afghans, reading, writing, gardening, bird watching and most of all playing and listening to music.

Lula moved to Park River on March 5th, 2014 and passed away with her children by her side on February 24th.

Rose Johnson was born on August 19th, 1917 and was named Magdalene Rousa. Her parents had recently immigrated to Chicago from Poland and they spoke very little English. She was renamed Rose Agnes in grade school by a school mate. In her twenties, Rose met her husband Glenn and together they had three children and made their home in El Paso, Texas.

At Park River, Rose enjoyed going to church, exercise group, music programs and baking. She also loved to read, write, paint, play bingo, play the piano and listen to music. Rose was a loving wife and mother. She instilled the values of hard work, education, faith and the importance of family in her children. She was a kind and beautiful lady and is missed deeply by all who knew her.

Mae Kimball was born on October 9th, 1929 to Iver & Marie in Mason City, Iowa. After graduating high school, she attended business school in Mankato, and worked as a Secretary. She married Vernon, in 1952 and to this union 4 children were born. Mae made a loving home in Mounds View for her family.

Besides working, raising her children and making a home, Mae also volunteered at her church. She taught Sunday school, and also sang in the choir for 25 years. In her spare time, she loved to quilt, play piano, listen to Broadway show tunes and collect china dishes.

Mae came to Park River on October 22nd, 2015 and passed away on March 17th. She was surrounded by the love of her husband of 64 years, her children and their families.

Becky West was born on September 30th, 1954 to Bud & Virginia DeGarmo in San Diego, California. She grew up in Prentice, Wisconsin and worked as a manager of a convenience store. Becky had three children, Lawrence, Christopher and KaryAnn.

In her spare time, Becky enjoyed reading the Bible and People magazine, crocheting, painting sun catchers, relaxing outdoors, listening to country and Celtic music, watching TV and being around animals.

Becky came to Park River on February 26th, 2016 and passed away peacefully on March 24th.

A memorial service will be held in remembrance of **Rose, Mae & Becky** on Sunday April 3rd at 2:00 in the Park River Estates Chapel.

Key Facility Contacts:

Administrator.....Tom Pollock
Chaplain..... Sherree Lane
Director of Compensation.....Lori Jumper
Director of Food Services.....Karen Niles
Director of Nursing.....Valorie Derby
Director of Rehab.....Dawn Brotten
Health Records Supervisor.....Pamela Carpentier
Hskpg/Laundry Supervisor.....Becky Sutton
Maintenance Supervisor.....Walter Lehne
MDS Coordinator.....Sandy Heimer
Receptionist Supervisor.....Sandy Bayerl
Resident Accounts.....Marti Bullock
Resident Council President.....TBD
Social Services Director.....Chris Neely
Staff Development Director.....Sue Sellner
Therapeutic Recreation Dir./Volunteer Coordinator
.....Linnea Maki

News and Views

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Park River Estates reserves the right to determine
what editorial appears in this newsletter.

Check out our web site!

You can find us at www.northcitieshealthcare.com.

This is the site for Park River Estates and our sister facility New Brighton Care Center. It contains information about the facilities and also the monthly newsletter and activity calendar.