



OCTOBER 2015

Columbus Day- October 12th

Trick or Treat Event- October 19th

Halloween- October 31st



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From your Administrator...

By Tom Pollock

Welcome Chris Neely, Director of Social Services!

I am pleased to announce that we have a new Director of Social Services, Chris Neely. Chris started with us on September 29th. She has a Bachelor's in Social Work degree and is a Licensed Social Worker through the State of Minnesota. Chris has many years of experience and is looking forward to meeting everyone. I would also like to thank Wendy Ripley, our temporary social worker, who filled in until Chris could start. Please join me in welcoming Chris Neely!

Business Ethics-Our Third Principle

Keeping Your Promises

Your word is one of the most important tools in your arsenal as an employee. Keep every promise that you make, and always fulfill a commitment. The trust you build as an ethical employee means people like doing business with you, as you take every reasonable effort to fulfill not only the letter, but the spirit of the promises and commitments you have made. Don't ever twist your words to rationalize or get out of contracts, or justify why it's okay to not comply to a commitment. Just do what you said you were going to do.

New Payment System for 2016

Here are the major highlights for our new statewide payment system:

- The rate increases on Jan. 1 are due to implementation of a new value based payment system;
- The measured values are Resident Satisfaction Surveys, Quality Indicators, and Annual State Survey;
- The payment system will now cover the full cost of care, which the current system does not;
- The reform law will allow us to recruit and retain high quality caregivers, invest in improved care and innovation and continue Minnesota's tradition of good local care throughout the state;
- All residents will pay the same rate for their level of care—regardless of whether they receive government assistance;
- A resident's ability to pay will still determine what portion of the rate they pay out of pocket;
- Residents who "run out" of private dollars to pay for their care will be directed to the resource needed to apply for government assistance—they are not at risk of being "kicked out."

Look for more information next month!

October Birthdays!

MaryLou Cronin	October 05
LindaLou Jacobson	October 11
Joan Maness	October 15
Ula Moran	October 16
Betty Tomek	October 16
Faith Aarestad	October 18
Margaret Carlson	October 24
Lavina Olson	October 26
Rose Hoffman	October 31



Hello...and Goodbye!

Welcome to Lois Haugen, Tom Cronin, Mike Streck, Lois Olson, Bob Dillon, John Jadinak, Betty Levercom, Ginny Wolverton, Maynard Molitor, Ray Schlegel, Rosa Willis, Robert Luther and Darlene Anderson who were admitted this month. Please greet them!

And best wishes to Mildred Kelley, Emily Smith, James Clark and Oscar Zweig who were discharged this month. Also to Catherine McAuliffe who was with us a short time.

Resident Council

The meeting was held on Tuesday; September 8th, 2015 at 3:00 p.m. Marilyn Cotton called the meeting to order. The meeting began with the Pledge of Allegiance. Minutes of the last meeting were read and approved. Fourteen members were present.

There was no **Old Business** at this time.

As **New Business**, Marilyn Cotton reviewed upcoming events for September. The all facility picnic will be held on September 12th, 2015. Marilyn also informed the Council Members that Diana Olson will be leaving Park River Estates. Diana's last day is September 11, 2015.

Safety Concerns: There were no concerns at this time.

The meeting adjourned at 3:30 p.m.

The next meeting is scheduled for Tuesday, October 13th, 2015 at 3:00 p.m. in the Welcome Room.

-Diana Olson, Social Service Dir./Recorder

The **Family Council** will meet on October 13th, 2015 at 1:30 p.m. in the Resident/Visitor lounge.





11th Annual Family Trick-or-Treat Event!

Park River Estates Care Center will be holding its annual Trick-or-Treat Event on **Saturday, October 24th at 2:00**. Children and grandchildren of residents and staff are invited to come! Everyone is asked to dress up in their Halloween Costumes to parade through the facility and receive candy from the residents. Please gather in the Chapel and wait to be lead through the building together. Residents will sit in their doorways and the Fireside Lounge where they will pass out treats. Please arrive before 2:00!!!

We are asking for donations of candy. Donation boxes will be placed at the North entrance of the facility. Thank you in advance for your generosity!

21st Annual CareFest Auction!

It's that time of year again! Our annual auction is our main fundraiser for the Park River Estates Resident Council Foundation, whose sole purpose is to enhance the quality of life of our residents. New and unused items are solicited from our vendors and area businesses. We have already received an autographed picture from the Minnesota Vikings, theatre tickets to the Ordway, Brave New Workshop, Old Log Theatre, Lyric Arts and tickets to the Science Museum! **Our auction will be held on November 12th @ 7:00 in the Chapel!**

Our auctioneers donate their time and talents because they believe in our cause.

We are asking for donations from our families and friends as well. The Foundation is a 501 c 3 organization, so your donations are tax deductible. If you have donations or questions, please contact Linnea Maki directly, 763-210-7012 or stop by the Activity Department!



Chaplain's Corner

Saint Peter at the Pearly Gates

Here's a Saint Peter story you may not have heard:

Three guys died at the same time and ended up in front of Saint Peter at the Pearly Gates. Saint Peter said to the first guy, "Why should I let you in?"

The guy answered "I was a doctor and I helped many people get well."

Saint Peter said, "Okay, you may come in."

Saint Peter said to the second guy, "Why should I let you in?"

The guy answered, "I was a lawyer and defended many innocent people."

Saint Peter said, "Okay, you may come in."

Saint Peter then said to the last guy, "And why should I let you in?"

The guy answered, "Well, I was a managed health care professional and I helped to keep health care costs down."

Saint Peter thought about this a moment and said, "Okay, you may come in, but you can only stay three days!"

(from *Chicken Soup for the Christian Soul*, author unknown, 1997).

Hats off to those who work hard to provide for our senior adults, you're saints!

By the way, when you get to Saint Peter what do you plan to say as to why you should be let into heaven? We all need to think about that. Here's some food for thought:

1. I actually think it's Jesus Christ who stands at the gate of heaven. "Therefore Jesus said again, 'I tell you the truth, I am the gate for the sheep'" (John 10:7).
2. He gave instructions on how we get through the gate. "Whoever enters through me will be saved" (John 10:9).
3. It takes some faith to believe what Jesus said and put all our hopes on Him (Hebrews 11:6).
4. We are given assurance that we belong to Him and will make it through the gate. "I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life" (1 John 5:13).
5. Peter himself wrote about the inheritance waiting in heaven for you (1 Peter 1:3-5).

I want to get through that gate into heaven!

- *Chaplain Sherree Lane*

October Resident of the Month...

Congratulations, Val Lee!

Val was selected by staff and residents as our October resident of the month!

Val grew up in Independence, Wisconsin. She attended secretarial school in Rochester, Minnesota, and shortly after married her husband Richard. They made their home in Columbia Heights and had five children in five years! Besides keeping busy raising her children, she also worked in the clerical department at Montgomery Wards until she retired. Val enjoyed traveling, dancing, shopping, gardening, gambling and going to the cabin in Crosby, Minnesota. At Park River, she really enjoys listening to Dick Szyplinski play music and doing crafts with her daughter. She looks forward to seeing her children and says that "they have all made me very proud!" The staff at Park River love Val's smile and sense of humor. Congratulations Val!

Nominations can be made for November Resident of the Month in the Activity Department!

Our Sympathies...

Eugenia "Jean" Kozubal was born in Chicago on October 19th, 1927 to Rudolph and Mary Kardys. She married Edward and to this union two children were born.

In her leisure time, she enjoyed crocheting afghans and baby sweaters, listening to piano music and Polish polkas, being outdoors, collecting angels and reading mystery novels. Jean's favorite color was blue and her favorite food was pie.

Jean came to Park River Estates on August 10th, 2015 and passed away peacefully on August 30th, 2015 at the age of 88. She is deeply missed by her family and friends.

Dorothy Johnston was born to Charles and Olga Lindstrom on March 2nd, 1924 in Minneapolis. After high school, Dorothy joined the Navy and served in Washington, D.C. where she awarded soldiers with Medals of Honor. She married Connell and had two children, Carol and Connell Jr.

Dorothy worked as a clerk in the media center at Southwest High School in Minneapolis. In her spare time, she liked playing bridge, watching hockey, reading British mysteries, watching Netflix, and listening to music by Frank Sinatra, Perry Como, Bing Crosby and Michael Buble.

Dorothy came to Park River Estates on May 23rd, 2015 and passed away on September 4th 2015 with her children by her side. She was 91 years old. She will be missed by her family members and friends.

Karen Bodin was admitted to the Transitional Care Unit on August 29th, 2015 and passed away peacefully on September 4th, 2015 at the age of 89. She will be deeply missed by her family and her friends.

A memorial service will be held in remembrance of **Jean, Dorothy and Karen** on Sunday October 4th, at 2:00 in the Park River Estates Chapel.



Key Facility Contacts:

Administrator.....Tom Pollock
Chaplain..... Sherree Lane
Director of Compensation.....Lori Jumper
Director of Food Services.....Karen Niles
Director of Nursing.....Valorie Derby
Director of Rehab.....Dawn Brotten
Health Records Supervisor.....Pamela Carpentier
Hskpg/Laundry Supervisor.....Becky Sutton
Maintenance Supervisor.....Walter Lehne
MDS Coordinator.....Sandy Heimer
Receptionist Supervisor.....Sandy Bayerl
Resident Accounts.....Marti Bullock
Resident Council President.....Marilyn Cotton
Social Services Director.....Chris Neely
Staff Development Director.....Sue Sellner
Therapeutic Recreation Dir./Volunteer Coordinator
.....Linnea Maki

News and Views

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Editorial Policy:

All articles should be directed to
Linnea Maki, Newsletter Editor,
Park River Estates Care Center
9899 Avocet St. NW
Coon Rapids, MN 55433.
Email: lmaki@parkriverestates.com
Park River Estates reserves the right to determine
what editorial appears in this newsletter.

Check out our web site!

You can find us at www.northcitieshealthcare.com.

This is the site for Park River Estates and our sister facility New Brighton Care Center. It contains information about the facilities and also the monthly newsletter and activity calendar.